

Personal Review Form

In order to complete this review you need to look back at some of the initial assessments that you carried out before your placement, so that you can see how much you have developed.

Look at the *Expectations Form*, *Skills, Knowledge and Qualities Self Evaluation* and *Personal Goals Target Setting Form*. Also look at the *First Impressions on Work Placement Form* which you completed at the end of your first day and the *How I felt at the end of the first week Form*.

This is your opportunity to reflect on your experience abroad. The information also helps organisation staff to plan for future trips and informs the funding bodies for the European Union how their money was spent.

Personal Development

1. Explain how your preparation helped you before you went abroad.

2. Describe your experiences of speaking another language. Would you continue to study languages?

3. How has living and working in another country helped you to achieve your personal goals?

4. Would you recommend a work experience abroad to students YES / NO
Please explain your reasons below:

5. What advice would you give to other students going abroad on work placement?

Professional Development

6. What additional training could have been included in your vocational course to improve your preparation for work placement abroad?

7. Which aspects of your course helped you to prepare for work placement abroad?

8. What new vocational skills or new equipment did you use during the placement?

9. What existing vocational skills did you develop or improve on?

10. When working in your placement what were your strengths, and areas for improvement?

11. Do you think your job prospects have improved as a result of the placement? How?

12. What have been the overall benefits of your placement?

Personally

Vocationally

Culturally

Linguistically
