

**Letter of Introduction**

**Participant's name:**

**Business sectors desired:**

Short introduction **about me** and my background:

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What encourages me to **go abroad**? What are my motivations?

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Why do I want to take part in an **international placement** (internship/voluntary service)

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In which field do I want to get involved during my international placement? What **kind of activities** do I want to be committed in, to take part of (*general examples and detailed examples -the more precise you are, easier it is to get the right placement*)?

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**What can I bring** to this placement? What can I bring to the hosting structure?

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**What can my placement abroad bring to me?**

- On personal level

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- On professional level

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